

## COLLEEN M. HEFLIN

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### RESEARCH AND TEACHING INTERESTS

Social policy, food and nutrition policy, social demography

### EDUCATION

2002 Ph.D. in Sociology, University of Michigan  
1995 Master of Public Policy, Gerald Ford School of Public Policy, University of Michigan  
1992 Bachelor of Arts with Honors in Social Sciences, University of Michigan

### POSITIONS

2024–present National Academies of Sciences, Engineering, and Medicine Committee on National Statistics  
2017–present Professor, Public Administration and International Affairs, Maxwell School of Citizenship and Public Affairs, Syracuse University  
2022–2024 Associate Dean of the Maxwell School and Chair of Public Administration and International Affairs Department  
2017–present Senior Research Associate, Center for Policy Research, Syracuse University  
2017–present Research Affiliate, Lerner Center for Public Health Promotion and Population Health  
2020–present Research Affiliate, University of Wisconsin Institute for Policy Research  
2018–present Research Affiliate, University of Kentucky Center for Poverty Research  
2014–2023 Member of External Review Board, *Social Service Review*  
2016–2017 Professor, Harry S Truman School of Public Affairs, University of Missouri  
2014–2017 Founding Co-Director of Population, Education and Health Center  
2014–2017 Founding Co-Director of the University of Missouri Research Data Center  
2008–2017 Research Affiliate, Institute for Public Policy, University of Missouri  
2013–2016 Member of the External Review Board, Southern Rural Development Center RIDGE Program, Purdue University  
2010–2016 Associate Professor, Harry S Truman School of Public Affairs, University of Missouri  
2007–2010 Assistant Professor, Harry S Truman School of Public Affairs, University of Missouri  
2005–2014 Research Affiliate, National Poverty Center, University of Michigan  
2002–2007 Assistant Professor, Martin School of Public Policy, University of Kentucky  
2002–2007 Executive Board Member, University of Kentucky Center for Poverty Research  
1997–2002 Senior Research Associate, Michigan Poverty Research and Training Center, University of Michigan

## BOOKS

Colleen M. Heflin and Madonna Harrington Meyer. 2025. *Food For Thought: Understanding Older Adult Food Insecurity*. Russell Sage Foundation.

## PEER-REVIEWED PUBLICATIONS

Heflin, Colleen, Taryn Morrissey, and Hyojeong Kim. (forthcoming) “The Glass is Half Full: The safety net for low-income women surrounding childbirth”. *Demography*.

Rothbart, Michah, Colleen Heflin, Taryn Morrissey, and Xiaohan Sun. (forthcoming) “Participation Across Public Programs among Children in Low-income Families: Public Preschool, Child Care Subsidies, and the Supplemental Nutrition Assistance Program.” *Early Childhood Research Quarterly*.

Zuo Dongmei, Colleen Heflin, Household Food Insecurity and SNAP Dynamics: Implications for Cognitive Health and Well-Being in Later Life., *Innovation in Aging*, Volume 9, Issue Supplement\_2, December 2025, igaf122.1411, <https://doi.org/10.1093/geroni/igaf122.1411>

Michiko Ueda, Colleen M. Heflin, Yanhong Liu, Qingyi Yu, and Seethalakshmi Ramanathan. 2025. “Understanding Factors Associated with 911 and 988 Use in Mental Health Crises” *Community Mental Health Journal*. <https://doi.org/10.1007/s10597-025-01545-x>

Kim, Yeunkyoung, Colleen Heflin, Jihye Kim, Hyunjee Kim, and Yue Li. 2025. “Racial/Ethnic Disparities in Food Insecurity Among Medicare Beneficiaries, 2017-2021.” *Journal of the American Directors Association* 26(11): 105835. <https://doi.org/10.1016/j.jamda.2025.105835>

Kim, Yeunkyoung, Jihye Kim, Sungchul Park, Colleen Heflin, Hyunjee Kim, and Yue Li. 2025. “Trends in Breast Cancer Screening between Medicare Beneficiaries with and without Food Insecurity”. *American Journal of Preventative Medicine Focus*. 4(5):100386. <https://doi.org/10.1016/j.focus.2025.100386>.

Fannin, W. Clay, Colleen Heflin, and Leonard M. Lopoo. 2024. “The Effects of Waiving WIC Physical Presence Requirements on Program Caseloads.” *Social Service Review*. 98(3): 482-513. <https://doi/abs/10.1086/730818>

Heflin, Colleen, and James P. Ziliak. 2024. “Does the Reference Period Matter When Evaluating the Effect of SNAP on Food Insecurity?” *Applied Economic Perspectives and Policy* 46(4): 1268–1285. <https://doi.org/10.1002/aepp.13420>

Fannin, W. Clay, Colleen Heflin, and Taryn Morrissey. 2024. “Earnings and Employment Patterns Following Child-Care Subsidy Receipt.” *Social Service Review*. Vol. 98(2): 329-365. <https://www.journals.uchicago.edu/doi/10.1086/730150>

Li, Jun, Dongmei Zuo, and Colleen M. Heflin. 2023. "Adoption Of Standard Medical Deduction Increased SNAP Enrollment And Benefits In 21 Participating States." *Health Affairs*. 42(8):1173-1181. <https://doi.org/10.1377/hlthaff.2022.01575>

Heflin, Colleen, William Clay Fannin, and Leonard M Lopoo. 2023. "Local Control, Discretion, and Administrative Burden: SNAP Interview Waivers and Caseloads during the COVID-19 Pandemic" *American Journal of Public Administration*. 0(0). <https://doi.org/10.1177/02750740231186423>

Ojinnaka Chinedum O., Arteaga Irma, Hodges Leslie, Heflin Colleen. 2023. SNAP participation and medication adherence among older Black Medicaid-insured individuals living with hypertension. *American Journal of Hypertension*. 36(9):485-490. <https://doi.org/10.1093/ajh/hpad052>. PMID: 37225664.

Ojinnaka, Chinedum, Arteaga, Irma, Hodges, Leslie. Heflin, Colleen. 2023. Supplemental Nutrition Assistance Program Participation and Medication Adherence Among Medicaid-Insured Older Adults Living with Hypertension. *Journal of General Internal Medicine*. <https://doi.org/10.1007/s11606-022-07994-4>.

Heflin, Colleen, Leslie Hodges, Irma Arteaga, and Chinedum O. Ojinnaka. 2023. "Churn in the older adult SNAP population." *Applied Economics Perspectives and Policy*. 45(1): 350-371. <http://doi.org/10.1002/aepp.13288>.

Heflin, Colleen, Jun Li, and Dongmei Zuo. 2023. "Changing Patterns of SNAP Take up and Participation and the Role of Out-of-Pocket Medical Expenses Among Older Adults." *Applied Economics Perspectives and Policy*. 45(1): 336– 349. <https://doi.org/10.1002/aepp.13272>.

Michah W. Rothbart, Colleen Heflin, 2023. "Inequality in literacy skills at kindergarten entry at the intersections of social programs and race." *Children and Youth Services Review*. Volume 145: <https://doi.org/10.1016/j.childyouth.2023.106812>.

Morrissey, Taryn, Colleen Heflin and William Clay Fannin. 2023. "Room to Grow: Examining Participation and Stability in Child Care Subsidies Using State Administrative Data." *Early Childhood Research Quarterly*. Vol. 62: 150-162. <https://doi.org/10.1016/j.ecresq.2022.08.003>

Zuo, Dongmei and Colleen M. Heflin. 2023. "Cognitive Impairment and Supplemental Nutrition Assistance Program Take-Up Among the Eligible Older Americans." *Journal Gerontol B Psychol Sci Soc Sci*. 78(1):99-110. [doi:10.1093/geronb/gbac111](https://doi.org/10.1093/geronb/gbac111).

Heflin, Colleen and Xiaohan Sun. 2022. "Food Insecurity and the Opioid Crisis." *The ANNALS of the American Academy of Political and Social Science*, 703(1), 262–284. <https://doi.org/10.1177/00027162221149287>

Darolia, Rajeev and Colleen Heflin. 2022. "The Social and Community Consequences of the Opioid Epidemic." *The ANNALS of the American Academy of Political and Social Science*, 703(1), 7-14. <https://doi.org/10.1177/00027162231157569>

Heflin, Colleen and Taryn Morrissey. 2022. "Patterns of Earnings and Employment by Worker Sex, Race, and Ethnicity Using State Administrative Data: Results from a Sample of

Workers Connected to Public Assistance Programs." *Race and Social Problem*.  
<https://doi.org/10.1007/s12552-022-09371-6>.

Heflin, Colleen and Hannah Patnaik. 2022. "Material Hardship and the Living Arrangements of Older Adults." *Journal of Family and Economic Issues*. <https://doi.org/10.1007/s10834-022-09838-z>.

Heflin, Colleen, Leslie Hodges, Chinedum Ojinnaka, and Irma Arteaga. 2022. "Hypertension, Diabetes and Medication Adherence among the Older Supplemental Nutritional Assistance Program Population (SNAP)." *Journal of Applied Gerontology*. Vol 14(3) 780-787. <https://doi.org/10.1177/07334648211022493>.

Heflin, Colleen, Michah Rothbart, and Mattie Mackenzie Liu. 2022. "Below the tip of the iceberg: Examining early childhood participation in SNAP and TANF from birth to age six." *Population Research and Policy Review*.  
<https://doi.org/10.1007/s11113-021-09660-9>

Arteaga, Irma, Leslie Hodges, and Colleen Heflin. 2021. "Giving Kids a Boost: The Positive Relationship between Frequency of SNAP Participation and Infant's Preventative Health Care Utilization." *SSM-Population Health*. Vol. 15.  
<https://doi.org/10.1016/j.ssmph.2021.100910>.

Altman, Claire E., Molly Dondero, Colleen M. Heflin, and Dashiell Nusbaum. 2021. "Current and Future Food Insufficiency during Covid-19: Examining Disparities by Race/Ethnicity and Recent Work Loss" *Journal of Racial and Ethnic Health Disparities*. Jul 30:1–13.  
<https://doi.org/10.1007/s40615-021-01116-2>.

Aratani, Yumiko, Ariel Charney and Colleen Heflin. 2021. "Using Linked Administrative Data to Improve Child Well-being in the Rental Assistance Demonstration." *Cityscape*. Vol. 23(No.2):95-105.

Heflin, Colleen, Rajeev Darolia and Sharon Kukla-Acevedo. 2020. "Exposure to Food Insecurity during Adolescence and Educational Attainment." *Social Problems*.  
<https://doi.org/10.1093/socpro/spaa036>

Huang, Ying, Colleen Heflin and Asiya Validova. 2020. "Material Hardship, Perceived Stress, and Health in Early Adulthood." *Annals of Epidemiology*. Sep 16:S1047-2797(20)30298-2. doi: 10.1016/j.annepidem.2020.08.017. Epub ahead of print. PMID: 32949721.

Heflin, Colleen, Leonard M. Lopoo, and Mattie Mackenzie-Liu. 2020. "When States Align Social Welfare Programs: Considering the Child Support Income Exclusion for SNAP." *Social Science Quarterly*. <https://doi.org/10.1111/ssqu.12864>

Altman, Claire, Colleen Heflin, Chaeyung Jun, and James Bachmeier. 2020. "The Material Hardships of Undocumented Immigrants in the United States: Evidence from SIPP 1996-2008." *Population Research and Policy Review*. <https://doi.org/10.1007/s11113-020-09588-6>

Lopoo, Leonard, Colleen Heflin, and Joe Boskovski. 2020. "Testing Behavioral Interventions Designed to Improve On-Time SNAP Recertification." *Journal of Behavioral Public Administration*. Vol 3(2), pp. 1-8 <https://doi.org/10.30636/jbpa.32.183>.

Heflin, Colleen, Irma Arteaga, Jean Felix Ndashiyme, and Matthew Rabbitt. 2020. "Childhood injuries and food stamp benefits: an examination of administrative data in one US state." *BMC Pediatrics* 20, 297. <https://doi.org/10.1186/s12887-020-02084-y>

Altman, Claire, Colleen Heflin and Hannah Patnaik. 2020. "Disability, Food Insecurity by Nativity, Citizenship, and Duration." *SSM-Population Health*. 10:100550. <https://doi.org/10.1016/j.ssmph.2020.100550>

Heflin, Colleen, Leslie Hodges, and Chinedum Ojinnaka. 2020. "Administrative Churn in SNAP and Healthcare Utilization Patterns." *Medical Care*. 58:33-37. <https://doi:10.1097/MLR.0000000000001235>.

Heflin, Colleen, Samuel Ingram and James P. Ziliak. 2019. "The Effects of the Supplemental Nutrition Assistance Program on Mortality." *Health Affairs*. 38:11, 1807-1815. <https://doi:10.1377/hlthaff.2019.00405>.

Meckstroth, Alicia, Andrew Burwick, Colleen Heflin, Jonathan McCay, and Michael Ponza. 2019. "Experimental Evidence of a Work Support Strategy That Is Effective for At-Risk Families: The Building Nebraska Families Program." *Social Service Review*. 93:3, 389-428. <https://doi.org/10.1086/705351>

Heflin, Colleen, Sharon Kukla-Acevedo, and Rajeev Darolia. 2019. "Adolescent food insecurity and risky behaviors and mental health during the transition to adulthood." *Children and Youth Services Review*. Volume 105, October 2019, 104416. <https://doi.org/10.1016/j.childyouth.2019.104416>.

Arteaga, Irma, Colleen Heflin, and Sarah Parsons. 2019. "Design Flaws: Consequences of the Coverage Gap in Food Programs on Children at Kindergarten Entry." *Applied Economics Perspectives and Policy*. Volume 41, Issue 2, June 2019, Pages 265-283. <https://doi.org/10.1093/aepp/ppy009>.

Heflin, Colleen, Claire Altman, and Laura Rodriguez. 2019. "Food Insecurity and Disability in the United States." *Disability and Health Journal*. Vol. 12(2): 220-226. <https://doi.org/10.1016/j.dhjo.2018.09.006>

Heflin, Colleen, and Ashley Price. 2019. "Emergency Food Assistance and the Great Recession." *Journal of Hunger and Environmental Nutrition*. 14:1-2, 225-239. <https://doi.org/10.1080/19320248.2018.1434099>

Heflin, Colleen, Irma Arteaga, Leslie Hodges, Jean Felix Ndashiyme, and Matthew P Rabbitt. 2019. "SNAP Benefits and Childhood Asthma." *Social Science & Medicine*. 220: 203-211. <https://doi.org/10.1016/j.socscimed.2018.11.001>

Ojinnaka, Chinnendum and Colleen Heflin. 2018. "Supplemental Nutrition Assistance Program Size and Timing and Hypertension-Related Emergency Department Claims Among Medicaid Enrollees." *Journal of the American Society of Hypertension* 12(11) e27-e34. <https://doi.org/10.1016/j.jash.2018.10.001>

Arteaga, Irma, Colleen Heflin, and Leslie Hodges. 2018. "SNAP Benefits and Pregnancy-Related Emergency Room Visits." *Population Research and Policy Review*. 37(6) 1031-1052. <http://doi.org/10.1007/s11113-01809481-5>

Huang, Ying, Stephanie Potocznick, and Colleen Heflin. 2018. "Household Food Insecurity and Early Childhood Health and Cognitive Development among Children of Immigrants." *Journal of Family Issues*. Vol 39(6): 1465–1497.  
<https://doi.org/10.1177/0192513X17710772>

Heflin, Colleen. 2017. "The Role of Social Positioning in Observed Patterns of Material Hardship: New Evidence from the 2008 Survey of Income and Program Participation." *Social Problems* 64:513-531. doi: 10.1093/socpro/spw041

Heflin, Colleen, Leslie Hodges and Peter Mueser. 2016. "Supplemental Nutrition Assistance Program Benefits and Emergency Room Visits for Hypoglycemia." *Public Health Nutrition*, 1-8. doi: 10.1017/S1368980016003153.

Arteaga, Irma, Colleen Heflin and Sara Gable. 2016. "The Impact of Aging out of WIC on Food Security in Households with Children." *Children and Youth Services Review*, 69, 82-96. doi: 0.1016/j.childyouth.2016.07.015

Heflin, Colleen. 2016. "Family Instability and Material Hardship: Results from the 2008 Survey of Income and Program Participation." *Journal of Family and Economic Issues*, 37(3), 359-372. doi: 10.1007/s10834-016-9503-6

Heflin, Colleen and Kate Olson. 2016. "Unpacking an Anomaly: Analyzing the 2005-2012 Current Population Survey to Understand Why Many Emergency Food Assistance Users Report Being Food Secure." *Journal of Hunger and Environmental Nutrition*, 12(1): 64-76. doi: 10.1080/19320248.2016.1157548

Edwards, Mark, Colleen Heflin, Peter Mueser, Sue Porter and Bruce Weber. 2016. "The Great Recession and SNAP Caseloads: A Tale of Two States." *Journal of Poverty*, 20:3, 261-277, doi: 10.1080/10875549.2015.1094770

London, Andrew and Colleen Heflin. 2015. "Supplemental Nutrition Assistance Program (SNAP) Use among Active-Duty Military Personnel, Veterans, and Reservists." *Population Research and Policy Review*, 34(6): 805-826.

Wilmoth, Janet, Andrew London and Colleen Heflin. 2015. "The Use of VA Disability Benefits and Social Security Disability Insurance among Working-Aged Veterans." *Disability and Health Journal*, 8: 388-396. <http://doi.org/10.1016/j.dhjo.2015.02.004>

Wilmoth, Janet, Andrew London and Colleen Heflin. 2015. "Economic Well-Being among Older-Adult Households: Variation by Veteran and Disability Status." *Journal of Gerontological Social Work*, 58(4): 399-419. <http://doi:10.1080/01634372.2015.1019657>

Nam, Yunju, Jin Huang, Colleen Heflin and Michael Sherraden. 2015. "Racial and Ethnic Disparities in Food Insufficiency: Evidence from a Statewide Probability Sample." *Journal of the Society for Social Work and Research*, 6(2): 201-228.

Heflin, Colleen, Irma Arteaga, and Sara Gable. 2015. "The Child and Adult Care Food Program (CACFP) and Food Insecurity." *Social Services Review*, 89(1): 77-98.

Kukla-Acevedo, Sharon and Colleen Heflin. 2014. "Unemployment Insurance Effects on Child Academic Outcomes: Results from the National Longitudinal Survey of Youth." *Children and Youth Services Review*, 47(3): 246-242.

Arteaga, Irma and Colleen Heflin. 2014. "The National School Lunch Program and Food Security: An Analysis of Transitions into Kindergarten." *Children and Youth Services Review*, 47(3): 224-230.

Cronin, Jacob, Colleen Heflin and Ashley Price. 2014. "Teaching Teens about Sex: A Fidelity Assessment Model for Making Proud Choices." *Evaluation and Program Planning*, 46: 94-102.

Heflin, Colleen, Jennifer Keller Jensen and Kathleen Miller. 2014. "Understanding the Economic Impacts of Disruptions in Water Service." *Evaluation and Program Planning*, 46: 80-86.

Heflin, Colleen and Ngina Chiteji. 2014. "My Brother's Keeper?: The Association Between Having Siblings in Poor Health and Wealth Accumulation" *Journal of Family Issues*, 35(3): 358-383.

Kwon, Seok-Woo, Colleen Heflin and Martin Reuf. 2013. "Community Social Capital and Entrepreneurship." *American Sociological Review*, 78(6): 980-1008. **Winner of the 2014 W. Richard Scott Award for Distinguished Scholarship from the American Sociological Association.**

Heflin, Colleen, Andrew London and Peter Mueser. 2013. "Clients' Perspectives on a Technology-Based Food Assistance Application System." *American Review of Public Administration*, 43(6): 658-674, first published on August 22, 2012. doi: 10.1177/0275074012455454

Heflin, Colleen and JS Butler. 2013. "Why do Women Enter and Exit from Material Hardship?" *Journal of Family Issues*, 34(3): 631-660.

Heflin, Colleen and Kathleen Miller. 2012. "The Geography of Need: Identifying Human Service Needs in Rural America." *Journal of Family Social Work*, 15(5): 359-374. Reprinted in 2014. *Rural Families and Reshaping Human Services*. Edited by Jeanne Cook and published by Routledge Press.

Heflin, Colleen, Janet Wilmoth, and Andrew London. 2012. "Veteran Status and Material Hardship: The Moderating Influence of Work-Limiting Disability." *Social Service Review*, 86(1): 119-42.

London, Andrew, Colleen Heflin and Janet Wilmoth. 2011 "Work-related Disability, Veteran Status, and Poverty: Implications for Household Well-being." *Journal of Poverty*, 15(3): 330-349.

Heflin, Colleen, Andrew London and Ellen Scott. 2011. "Mitigating Material Hardship: The Strategies Low-income Mothers Employ to Reduce the Consequences of Poverty." *Sociological Inquiry*, 81(2): 1-24.

Heflin, Colleen and Sharon Kukla-Acevedo. 2011. "Welfare Receipt and Early Childhood Cognitive Scores." *Children and Youth Services Review*, 33(5): 634-643.

Heflin, Colleen, John Sandberg and Patrick Rafail. 2009. "The Structure of Material Hardship in U.S. Households: An Examination of the Coherence behind Common Measures of Well-being." *Social Problems*, 56(4): 746-764.

Heflin, Colleen and John Iceland. 2009. "Poverty, Hardship and Depression." *Social Science Quarterly*, 90(5): 1051-1071.

Heflin, Colleen and James Ziliak. 2008. "Food Insufficiency, Food Stamp Participation and Mental Health." *Social Science Quarterly*, 89(3): 706-727.

Heflin, Colleen, Mary Corcoran and Kristine Siefert. 2007 "Work Trajectories, Income Changes, and Food Insufficiency in a Michigan Welfare Population." *Social Service Review*, 81(1): 3-25.

Heflin, Colleen and Mary Pattillo. 2006. "Poverty in the Family: Race, Siblings and Socioeconomic Heterogeneity." *Social Science Research*, 35(4): 804-822.

Heflin, Colleen. 2006. "Dynamics of Different Forms of Material Hardship in the Women's Employment Survey." *Social Service Review*, 80(3): 377-397.

Noonan, Mary and Colleen Heflin. 2005. "Does Welfare Participation Affect Women's Wages?" *Social Science Quarterly*, 86(Special Issue): 1123-1145.

Heflin, Colleen, Kristine Siefert, Mary Corcoran and David R. Williams. 2005. "Food Insufficiency and the Mental Health of Current and Recent Welfare Recipients: Findings from a Longitudinal Survey." *Social Science & Medicine*, 61: 1971-1982.

Siefert, Kristine, Colleen Heflin, Mary Corcoran and David R. Williams. 2004. "Food Insufficiency and Women's Health: Findings from a Longitudinal Study of Welfare Recipients." *Journal of Health and Social Behavior*, 45(2): 171-186.

Heflin, Colleen and Mary Corcoran. 2003 "Barriers to Work among Recipients of Housing Assistance." *Cityscape*, 6(2): 73-87.

Danziger, Sheldon, Colleen Heflin and Mary Corcoran, Elizabeth Oeltmans and Hui-Chen Wang. 2002 "Does it Pay to Move from Welfare to Work?" *Journal of Policy Analysis and Management*, 21(4): 671-692. Reprinted in the *Journal of Policy Analysis and Management* Classic volume on "Poverty and Welfare."

Heflin, Colleen and Mary Pattillo-McCoy. 2002. "Kin Effects on Black-White Account and Home Ownership." *Sociological Inquiry* 72(2): 220-39.

Kristine Siefert, Philip Bowman, Colleen Heflin, Sheldon Danziger and David Williams. 2000. "Social and Environmental Predictors of Maternal Depression in Current and Recent Welfare Recipients." *American Journal of Orthopsychiatry*, 70(4): 510-522.

Siefert, Kristine, Colleen Heflin, Mary Corcoran, and David R. Williams. 2000. "Food Insufficiency and the Physical and Mental Health of Low-Income Women." *Women and Health*, 32(1/2): 159-177.

Danziger, Sandra, Mary Corcoran, Sheldon Danziger, and Colleen Heflin. 2000. "Work, Income, and Material Hardship after Welfare Reform." *Journal of Consumer Affairs*, 34(1): 6-30.

Corcoran, Mary, Colleen Heflin and Kristine Siefert. 1999. "Food Insufficiency and Material Hardship in Post-TANF Welfare Families." *Ohio State Law Review*, 60: 1395-1422.

## BOOK CHAPTERS AND CONFERENCE PROCEEDINGS

Heflin, Colleen. "U.S. Food and Nutrition Policy Across the Life Course." 2021. in Janet Wilmoth and Andrew London (editors). *Life Courses Implications of Public Policy*. Routledge Press.

Heflin, Colleen, and Peter Mueser. 2019. "UI and SNAP Receipt in the Sun: The Great Recession and Its Aftermath in Florida." In David Stevens and Michael Wiseman (editors). *Helping Together: Unemployment Insurance, Supplemental Nutrition Assistance, and the Great Recession*. Upjohn Press: Kalamazoo, MI.

Heflin, Colleen, and Peter Mueser. 2019. "Program Participation in the Show Me State: Missouri Responds to the Great Recession." In David Stevens and Michael Wiseman (editors). *Helping Together: Unemployment Insurance, Supplemental Nutrition Assistance, and the Great Recession*. Upjohn Press: Kalamazoo, MI.

Heflin, Colleen, Leslie Hodges and Andrew London. 2017. "TAPped Out: A Study of the Department of Defense's Transition Assistance Program (TAP)." In Louis Hicks, Eugenia L. Weiss, and Jose E. Coll (editors). *The Civilian Lives of U.S. Veterans: Issues and Identities*, Volume 1. ABC-Clio: New York, NY.

Heflin, Colleen. 2015. "The Importance of Context to the Social Processes around Material Hardship." In Stephen Nathan Haymes, Maria Vidal de Haymes, and Reuben Jonathan Miller (editors). *Routledge Handbook of Poverty in the United States*. Routledge Press: New York, NY.

Heflin, Colleen. 2009. "An Examination of Gender Differences in the Relationship between Reporting a Food Hardship and Physical Health." In Louis Amsel and Lena Hirsch (editors). *Food Science and Security*. Nova Publishers: New York, NY.

Danziger, Sandra K., Mary E. Corcoran, Sheldon Danziger, Colleen Heflin, Ariel Kalil, Daniel Rosen and Richard Tolman. 2000. "Barriers to the Employment of Welfare Recipients." In Cherry (editor). *Prosperity for All?: The Economic Boom and African Americans*. Russell Sage Foundation: New York, NY.

Corcoran, Mary, Colleen Heflin and Belinda Reyes. 1999. "Latino Women in the U.S.: The Economic Progress of Mexicans and Puerto Ricans." In *Latinas and African American Women at Work: Race, Gender and Economic Inequality*. Russell Sage Foundation: New York, NY.

Corcoran, Mary and Colleen Heflin. 1999. "Race, Ethnic and Skill-Based Inequalities in Women's Earnings" in Proceedings and Papers: Conference for the Institute for Women's Policy Research.

Gramlich, Edward and Colleen Heflin. 1998. "The Spatial Dimension: Should Worker Assistance be Given to Poor People or Poor Places?" In Richard Freeman and Peter Gottschalk (editors.) *Demand-Side Strategies Affecting Low Wage Labor Markets*. Russell Sage Foundation: New York, NY.

## WORKING PAPERS

Meckstroth, Alicia, Andrew Burwick, Quinn Moore, Colleen Heflin, Jonathan McCay, and Michael Ponza. 2016. "The Effects of an Intensive Life Skills Education and Home Visiting Program on the Employment, Earnings, and Well-Being of At-Risk Families." Mathematica Policy Research Working Paper.

Heflin, Colleen and Peter Mueser. 2013. "Aid to Jobless Workers in Florida in the Face of the Great Recession: The Interaction of Unemployment Insurance and the Supplemental Nutrition Assistance Program." IZA Discussion Paper No. 7772.

Wilmoth, Janet, Andrew London and Colleen Heflin. 2013. "The Use of VA Disability Benefits and Social Security Disability Insurance among Working-Aged Veterans." Boston College Center for Retirement Research Working Paper No. 2013-5.

Heflin, Colleen. 2004. "Who Exits the Food Stamp Program After Welfare Reform?" Institute for Research on Poverty Working Paper DP-1279-04, University of Wisconsin, Madison.

Heflin, Colleen. "Exit Routes From Welfare: Examining Barriers to Employment, Demographic, Human Capital Factors." University of Kentucky Center for Poverty Discussion Paper 2003-03.

## **POLICY BRIEFS**

Heflin, Colleen. April 2017. "The Great Recession and the Rise in Material Hardship." Family Self-Sufficiency and Stability Research Consortium, 2013-2018. Office of Planning, Research & Evaluation, Office of the Administration for Children & Families.

Heflin, Colleen, Peter Mueser, and Jacob Cronin. April 2017. "How Accurate is Online Information about SNAP?" Institute for Public Policy, University of Missouri. Report 04-2017.

Heflin, Colleen, Jennifer Keller Jensen and Kathleen K. Miller. May 2013. "Community Resilience: Understanding the Economic Impacts of Disruptions in Water Service." Institute for Public Policy, University of Missouri. Policy Brief. Report 05-21013.

Vancil, A, Sandy Rikoon, Matthew Foulkes, Joan Hermsen, Colleen Heflin, and Nicole Raedeke. April 2013. "Regional Profile of Missouri Food Pantry Clients and Households." Institute for Public Policy, University of Missouri. Policy Brief. Report 04-2013.

Dabson, Brian, Colleen Heflin and Kathleen Miller. February 2012. "Regional Resilience: Research and Policy Brief." RUPRI Rural Futures Lab, University of Missouri.

Heflin, Colleen and Kathleen Miller. June 2011. Geography of Need: Identifying Human Service Needs in Rural America." RUPRI White Paper.

Rysavy, Matt and Heflin, Colleen. August 2009. "Food Insecurity, Food Stamp Participation and Poverty: The Paradox of Missouri." Institute of Public Policy, University of Missouri.

Heflin, Colleen and James Ziliak. December 2008. "Food Insufficiency, Food Stamp Participation and Mental Health." Policy Brief. Institute of Public Policy, University of Missouri.

## **RESEARCH GRANTS RECEIVED**

Principle Investigator. "Childcare Subsidy Policy Changes and Parental Employment and Earnings Outcomes." Institute for Research on Poverty Extramural Large Grant for Poverty and Economic Mobility Research. 7/1/2025-9/30/2026. (\$49,000).

Principle Investigator. "The Effects of COVID WIC Physical Presence Waivers on Program Participation Outcomes." Syracuse University Maxwell School COVID-19 Policy Impacts Project. 6/1/2025-6/30/2027. (\$23,000.)

Principle Investigator. "Evaluating a Medically Tailored Grocery Delivery Program for Rural Veteran Population in New York State." Rockefeller Foundation, New York Foundation for Health, and Instacart. 11/1/2024 - 2/28/2027 (\$700,000)

Principle Investigator. "Did physical presence waivers impact WIC participation during the COVID-19 pandemic?" Economic Research Service Cooperative Agreement, United States Department of Agriculture. 8/22/23-6/30/25 (\$30,000).

Principle Investigator. "Food Insecurity and SNAP Receipt after Military Separation." Economic Research Service Cooperative Agreement, United States Department of Agriculture. 8/22-8/30/24 (\$30,000).

Principle Investigator. "Increasing access to SNAP for older adults through the Standard Medical Deduction". National Institute of Aging through the Center the Aging and Policy Studies. (7/1/21-5/31/22) (\$34,000). Joint with Jun Li.

Principle Investigator. "Increasing WIC Participation by Linking with SNAP and other Social Programs". Share our Strength. 3/1/2021-6/30/2022 (\$25,000).

Co-Investigator. "Food insecurity and chronic diseases in low-income older Americans: The role of SNAP receipt in medication underuse" University of Kentucky Center for Poverty Research. 02/25/2020 – 02/24/2022 (\$249,888) with Irma Arteaga (Principle Investigator), Leslie Hedges (Co-Investigator) and Chinedum Ojinnaka (Co-Investigator).

Principle Investigator. "Changing Patterns of Eligibility and Take up in SNAP and the Roles of Out-of-Pocket Medical Expense" University of Kentucky Center for Poverty Research. 02/25/2020 – 02/24/2021 (\$49,888) with Dongmei Zuo, Co-Investigator.

Principle Investigator. "Hunger SNAPs: Food Insecurity among Older Adults." Russell Sage Foundation. 5/1/2020-12/31/22. (\$35,000).

Principle Investigator. "Advancing understanding of the conditions of parents' employment on access to and maintenance of child care and child-care subsidies." Robert Wood Johnson Foundation. 1/15/2020-1/14/22. (\$150,000). with Taryn Morrissey, Co-Investigator.

Principle Investigator. "SNAP Uptake and School Readiness in Virginia." Economic Research Service, United States Department of Agriculture. 8/14/18-9/14/20 (\$100,000) with Michah Rothbart, Co-Investigator.

Principle Investigator. "Creating Evidenced-Based Strategies to Address Administrative Churn in SNAP." Economic Research Service, United States Department of Agriculture. 8/1/2018-7/30/2020. (\$120,101) with Len Lopoo, Co-Investigator.

Principle Investigator. "Does Child Support Increase Self-Sufficiency?: Evidence from Virginia". National Institute for Health through the Institute for Research on Poverty (IRP)'s Extramural Small Grants program for Research. 3/1/18-2/28/19. (\$24,847) with Len Lopoo, Co-Principal Investigator.

Principal Investigator. "SNAP and Child Health: Evidence from Missouri Administrative Data." Economic Research Service, United States Department of Agriculture. 8/25/2016–8/1/2018 (\$99,997). With Peter Mueser and Irma Arteaga, Co-Investigators.

Co-Principal Investigator. "Understanding SNAP and Food Security among Low-Income Households." University of Kentucky Center for Poverty Research; Economic Research Service, United States Department of Agriculture. 4/30/2015–6/30/2018 (\$400,000). With James P. Ziliak, Co-Principal Investigator.

Principal Investigator. "Community Eligibility and Child Well-Being." Research Innovation and Development Grants in Economics (RIDGE) Center for Targeted Studies at the Southern Rural Development Center, Mississippi State University. 8/1/2015–12/31/2016 (\$34,987). With Daniel P. Miller, Co-Principal Investigator.

Co-Principal Investigator. "Design Flaws: The Effect of the Coverage Gap in Food Assistance Programs on Child's Well-Being." University of Wisconsin–Madison, Institute for Research on Poverty, RIDGE Center for National Food and Nutrition Assistance Research. 7/1/2015–12/31/2016 (\$39,962). With Irma Arteaga, Co-Principal Investigator.

Principal Investigator. "Family Self-Sufficiency and Stability and Material Hardship: The Role for Public Policy after the Great Recession." US Department of Health and Human Services, Administration for Children and Families. 9/30/13–9/29/18 (\$500,000).

Co-Principal Investigator. "Census Research Data Center." National Science Foundation. 8/15/2014–7/31/2017 (\$0).

Principal Investigator. "The Mediating Effects of SNAP on Health Outcomes for Low-Income Households." Cooperative Research Agreement. Economic Research Service, United States Department of Agriculture. 7/1/2014–6/30/2016 (\$100,000).

Principal Investigator. "Secondary Analyses of Strengthening Families Datasets: Economic Strain and Family Formation." US Department of Health and Human Services, Administration for Children and Families. 9/30/14–8/1/16 (\$99,343).

Principal Investigator, "Understanding the Rates, Causes and Costs of Churning in SNAP." Urban Institute. 8/1/2013–7/15/2014 (\$32,561). With Peter Mueser, Co-Investigator.

Principal Investigator, "Participation in the National School Lunch Program and Food Security: A Regression Discontinuity Design Analysis of Transitions into Kindergarten." Southern Rural Development Center RIDGE Program. 7/1/2012–12/31/2013 (\$34,934). With Irma Arteaga, Co-Investigator.

Principal Investigator. "Joint Participation in SNAP and UI in Florida" USDA-FANRP Economic Research Service. 4/15/2010–5/14/2020 (\$242,830). With Peter Mueser, Co-Investigator.

Co-Investigator. "The Intersection of Veteran's Benefits Programs and Disability Insurance among Veterans: A Synthetic Cohort Approach Using the Survey of Income and Program Participation (SIPP)." Boston College/Social Security Administration. 10/1/2011–9/30/2012 (\$85,817). With Janet Wilmoth and Andrew London, Co-Investigators.

Principal Investigator. "Families with Hungry Children and the Transition from Preschool to Kindergarten." University of Kentucky Center for Poverty Research; Economic Research

Service, United States Department of Agriculture. 7/1/2011–9/30/2012 (\$45,000). With Irma Arteaga and Sara Gable, Co-Investigators.

Co-Investigator. “A Food Systems Approach to Addressing Obesity Among Food Pantry Clients in Missouri.” USDA-AFRI Human Nutrition and Obesity Program. 1/01/2010–4/30/2013 (\$432,171).

Principal Investigator. “Veteran Status, Disability, Poverty, and Material Hardship.” National Center for Poverty Research at the University of Michigan/US Census Bureau. 2010 (\$20,000).

Principal Investigator. “Localizing Estimates of Hunger: Creating County-level Estimates of Food Insecurity.” Research Council Fellowship, University of Missouri. 2010 (\$7,000).

Principal Investigator. “Assessing the Impact of On-Line Applications in Florida’s Food Stamp Caseload.” Regional Small Grant Program, University of Kentucky Center for Poverty Research. 2008-2009 (\$20,000)

Principal Investigator. “Assessing the Impact of On-Line Applications in Florida’s Food Stamp Caseload.” 2008 RIDGE Program sponsored by the Southern Rural Development Center in partnership with the Economic Research Service, U.S. Department Agriculture. 2008-2009 (\$35,000).

Principal Investigator, “The Impact of Improving Access to Benefits for Low-Income Families on Caseload Characteristics and Dynamics.” Research Board Fellowship, University of Missouri. 2008-2009 (\$33,498).

Principal Investigator, “Do Middle Class Members Take on Debt in Order to Help Their Poor Siblings Weather Shocks?” Summer Research Fellowship Competition, University of Missouri. 2008-2009 (\$7,000).

Principal Investigator, “State-Level Variation in Material Hardship Among Households with Children.” West Coast Poverty Center. 2007–2008 (\$15,000).

Principal Investigator, “Does the Size of the Check Matter? New Results on the Effects of Welfare Receipt on Early Childhood Cognitive Scores.” Spencer Foundation. 2006-2007 (\$39,840).

Principal Investigator, “Social Capital and Race Inequality.” Research Support Grant, University of Kentucky. 2005–2006 (\$19,204).

Principal Investigator, “Does Variation in Transfer Program Participation and Generosity at the State Level Explain Variation in Mental Health?” University of Kentucky Center for Poverty Research. 2005 (\$19,124).

Summer Faculty Research Fellowship, University of Kentucky. 2005 (\$6,000).

Principal Investigator, “Determinants of Different Forms of Material Hardship in the Women’s Employment Survey.” Small Grant Program, Institute for Research on Poverty, University of Wisconsin-Madison. 2004–2005 (\$34,913).

Principal Investigator, “Does Food Stamp Receipt Mediate the Relationship Between Food Insecurity and Mental Health?” The National Poverty Center. 2003–2004 (\$19,783). With James Ziliak, Co-Investigator.

Principal Investigator, "Household Food Insecurity and the Physical and Mental Health of Low-Income Men and Women." NSAF Small Research Grants Program, Association for Public Policy and Analysis and Management (funded by Annie E. Casey Foundation). 2003-2004 (\$20,000).

Principal Investigator, "An Individual-Level Analysis of Food Stamp Dynamics." Small Grant Program, Institute for Research on Poverty, University of Wisconsin-Madison. 2002–2003 (\$31,922).

Co-Principal Investigator, "Do Women's Wages Depreciate While on Welfare?" U.S. Census Bureau/Joint Center for Research on Poverty. 2002–2003 (\$29,966). With Mary Noonan, Principal Investigator.

Co-Principal Investigator, "Barriers to Work Among Housing Assistance Recipients on Welfare." United States Department of Housing and Urban Development. 1999–2001 (\$49,870). With Mary Corcoran, Principal Investigator.

Collaborator. "Causes and Consequences of Food Insufficiency and Material Hardships as Welfare Recipients Move from Welfare to Work." Economic Research Service, U.S. Department of Agriculture. 1999–2000 (\$200,354). With Kristine Siefert and Mary Corcoran, Principal Investigators.

Collaborator. "Food Insecurity and Welfare Reform." Institute for Research on Poverty, University of Wisconsin-Madison. 1999–2000 (\$49,704). With Mary Corcoran and Kristine Siefert, Principal Investigators.

## **CONTRACTS**

Consultant. "Feeding America SNAP Program Evaluation Multi-Site Case Study." Feeding America. June 2013–November 2014.

Consultant. "Evaluation of Missouri PREP Program." Missouri Department of Health and Senior Services. June 2011–May 2015.

## **INVITED PRESENTATIONS**

"Food for Thought: Understanding Older Adult Food Insecurity," Oregon Hunger Task Force Meeting, November 18, 2025.

"Food for Thought: Understanding Older Adult Food Insecurity," Healthy Food, Healthy Lives Conference Sponsored by the New York Health Foundation, New York City Bar Association, October 14, 2025.

"Understanding the State of Evidence Regarding the Causes and Consequences of Military Food Insecurity" Government Accountability Office. September 16, 2025.

"House Veteran Affairs Committee Briefing on Military and Veteran Food Security." November 28, 2023.

"Food Security Summit Research Panel" White House VA Food Security Summit. September 12, 2023.

“Using State Administrative Data to Study Health and Inequality Across the Life Course”  
Committee on National Statistics Expert Meeting Guidance on Designed Data System  
and Methods for NIA Studies. May 4, 2022.

“How will you measure the success of your intervention?” Invited Speaker for SNAP and  
Nutrition Support Monthly Cohort Meeting. Share Our Strength Advisory Committee.  
August 18, 2021.

“Building a Culture of Evidence: Opportunities and Challenges.” Invited Speaker for Data and  
Evidence Community of Practice Learning Series on Data Visualization and Program  
Evaluation for American Public Health Service Association. June 29, 2021. (online)

“Examining the Hunger Crisis Among Veterans and Military Families.” Invited Congressional  
Testimony before the Rules Committee, United States House of Representatives. May 27,  
2021. (online)

“Exploring Material Hardship and Administrative Burden.” Invited Speaker for TANF  
Workforce Development Workgroup for American Public Human Service Association.  
February 27, 2021. (online)

“How Does the System Hurt or Help?: Exploring Material Hardship and Administrative Burden”  
Invited Speaker at University of Minnesota Future Services Institute’s Redesign for  
Whole Families Summit. October 13th, 2020.

“Reflections on household food insecurity research from a US Perspective” Keynote Speaker at  
2<sup>nd</sup> UK Conference on Food and Poverty: Evidence for Change. London, England. June  
23<sup>rd</sup>, 2020.

“The Value and Limits of Linking Administrative Data” Invited speaker at the National  
Academy of Sciences Committee on National Statistics Panel on Improving USDA’s  
Consumer Data for Food and Nutrition Policy Research. September 21, 2018.  
Washington, DC.

“Household Instability and Material Hardship.” Invited speaker at the 2016 MU Extension  
Summit, University of Missouri. October 26, 2016. Columbia, MO.

“The Mediating Effects of SNAP on Health Outcomes for Low Income Households.” Invited  
speaker in Center for Research on Inequalities and the Life Course Seminar, Yale  
University. April 27, 2016. New Haven, CT.

“Community and Systematic Approaches to Hunger: Social Protections.” Invited speaker at the  
Hunger Summit hosted by Universities Fighting World Hunger (partnership of the United  
Nations World Food Program and Auburn University). February 26, 2016. Columbia,  
MO.

“Reflecting on 20 years of Measuring Household Food Security,” Invited speaker at the US  
Department of Agriculture - Economic Research Service, October 21, 2015. Washington,  
DC.

“The Mediating Effects of SNAP on Health Outcomes for Low Income Households.” Invited  
speaker in the West Virginia University Public Health Dialogues. October 2, 2015.  
Morgantown, WV.

“In Tandem: Pairing Public and Private Nonprofit Assistance to Make Ends Meet.” Invited speaker at The School of Public Affairs at American University and Feeding America, July, 2015. Washington, DC.

“Hot Topics for Program Evaluation.” Invited speaker at Feeding America’s 2014 Agency Capacity, Programs and Nutrition Annual Conference. October 30, 2014. Chicago, IL.

“Using Program Evaluation to Drive Decision-Making.” Invited speaker at Feeding America’s 2014 Agency Capacity, Programs and Nutrition Annual Conference. October 30, 2014. Chicago, IL.

“The War on Poverty: 50 Years Later and the Battle Continues” Invited speaker at a congressional briefing hosted by the Population Association of America and the Association of Population Centers in conjunction with Congressman Mike Honda. June 9, 2014. Washington, D.C.

“Household Instability and Material Hardship.” Invited speaker at Poverty, Policy and People: 25 Years of Research and Training at the University of Michigan. April 10, 2014. Ann Arbor, MI.

“Material hardship and the case for measurement.” Invited speaker at the Presidential Plenary: Poverty Measurement and Implications for Policy. Southern Sociological Society. April 3, 2014. Charleston, NC.

“Individual and Family Coping Responses to Hunger.” Invited speaker at the Workshop on Research Gaps and Opportunities in Child Hunger and Food Insecurity at the Committee on National Statistics. National Academy of Sciences, Food and Nutrition Board, Institute of Medicine. April, 2013.

“Short-Term Dynamics of Food Insecurity and Obesity.” Invited speaker at Institute of Medicine Workshop on Understanding the Relationship Between Food Insecurity and Obesity. November 16-19, 2010. Washington, D.C.

## **OTHER PRESENTATIONS AND CONFERENCES**

Clay Fannin and Colleen Heflin\*, "Golden Years, Empty Plates," Association for Public Policy Analysis and Management 2025 Annual Meeting, Seattle, WA.

Hyein Kang, Rose Geoghegan, Colleen M. Heflin\*, and David Rothwell, "First-Time Mothers' Work and Safety Net Participation Around Birth," Association for Public Policy Analysis and Management 2025 Annual Meeting, Seattle, WA.

Colleen Heflin\*, Michiko Ueda-Ballmer, and Hyeryung Jo. “Mental health and ending Supplemental Nutrition Assistance Program (SNAP) Emergency Allotments after COVID-19” Association for Public Policy Analysis and Management 2025 Annual Meeting, Seattle, WA.

Michiko Ueda\* and Colleen Heflin, "Understanding Administrative Burdens and Experiences of Social Program Beneficiaries and Applicants Using Posts on Reddit," Association for Public Policy Analysis and Management 2025 Annual Meeting, Seattle, WA.

Clay Fannin\*, Colleen Heflin, Len Lopoo. "The Effects of Waiving WIC Physical Presence requirements on Program Caseloads." Annual Research Conference of the Association for Public Policy Analysis and Management. Atlanta, GA. November 2023.

Colleen Heflin\*, Taryn Morrissey, and Hyojeong Kim. "Do TANF and SNAP Function as Parental Leave for Low-Income Women?". Annual Research Conference of the Association for Public Policy Analysis and Management. Atlanta, GA. November 2023.

Colleen Heflin, Jun Li\*, and Dongmei Zuo. "Supplemental Nutrition Assistance Program's standard medical deduction improves participation without increasing costs" Annual Research Conference of the Association for Public Policy Analysis and Management. Washington, DC. November 2022.

Colleen Heflin\*, Clay Fannin and Taryn Morrissey. "Does Participation in the Child Care Subsidy Program Improve Economic Stability?" Annual Research Conference of the Association for Public Policy Analysis and Management. Washington, DC. November 2022.

Michah Rothbart, Xiaohan Sun, Colleen Heflin, Taryn Morrissey. "Low Income Children's Participation across Public Pre-K, Child Care Subsidies, and the Supplemental Nutrition Assistance Program: Does Early Public Program Participation Matter for Elementary School Literacy Skills?" Annual Research Conference of the Association for Public Policy Analysis and Management. Washington, DC. November 2022

Chinedum Ojinnaka\*, Irma Arteaga, Leslie Hodges, Lauryn Quick and Colleen Heflin. "SNAP Participation and Medication Adherence Among Older Medicaid-Insured Individuals Living with Hypertension" Academy Health 2022 Annual Research Meeting. June 5, 2022. Washington, DC.

Colleen Heflin\*, Leslie Hodges, Chinedum Ojinnaka, Irma Arteaga and Lauryn Quick. "Churn in the older adult SNAP Population." Annual Meeting of the Population Association of America. Atlanta, GA. April 7, 2022.

Colleen Heflin, Jun Li and Dongmei Zuo. "Increasing Access to the SNAP for Older Adults Through the Standard Medical Deduction." Annual Meeting of the Population Association of America. Atlanta, GA. April 7, 2022.

Michah Rothbart, Colleen Heflin, Taryn Morrissey, and Xiaohan Sun. "Does Offering Public PreK Change Social Program Participation?" Annual Meeting of the Population Association of America. Atlanta, GA. April 7, 2022.

Taryn Morrissey, Colleen Heflin and William Clay Fannin. "Room to Grow: Examining Participation and Stability in the Child Care Subsidies Using State Administrative Data." Annual Meeting of the Population Association of America. Atlanta, GA. April 7, 2022.

Colleen Heflin and Xiaohan Sun. "Food Insecurity and the Opioid Crises." Annual Meeting of the Population Association of America. Atlanta, GA. April 7, 2022.

Clay Fannin, Colleen Heflin, and Leonard Lopoo. "Local Control, Discretion, and Administrative Burden: SNAP Interview Waivers and Caseloads during the COVID-19 Pandemic." Annual Research Conference of the Association for Public Policy Analysis and Management. March 28, 2022. (online)

Colleen Heflin, Jun Li, and Dongmei Zuo. "Changing patterns of eligibility and take up in SNAP and the role of out-of-pocket medical expenses." *Understanding Food-Related Hardships Among Older Americans FNS Reporting Conference*. May 28, 2021. (online)

Colleen Heflin and Hannah Patnaik. "Material Hardships and the Living Arrangements of Older Americans" Population Association of America. April 6, 2021. (online)

Colleen M. Heflin, Michah W. Rothbart and Mattie Mackenzie-Liu. "Below the Tip of the Iceberg: Examining Early Childhood Participation in SNAP and TANF from Birth to Age Six." Fall Research Conference of the Association for Public Policy Analysis and Management. November 10, 2020.

Leonard Lopoo, Heflin, Colleen, and Joe Boskovski. "Testing Behavioral Interventions Designed to Improve On-Time SNAP Recertification" Fall Research Conference of the Association for Public Policy Analysis and Management. November 11, 2020.

Michah Rothbart and Colleen Heflin. "Achievement Gaps" from Day 1? Evidence on School Readiness by Economic Disadvantage and Race." Fall Research Conference of the Association for Public Policy Analysis and Management. November 12, 2020.

Colleen Heflin and Dongmei Zuo. "Cognitive Impairment and SNAP Participation among Eligible Older Americans" Fall Research Conference of the Association for Public Policy Analysis and Management. November 12, 2020

Heflin, Colleen, Leonard Lopoo, and Mattie Mackenzie-Liu, "When States Coordinate between Social Welfare Programs: Considering the Child Support Income Exclusion". Fall Research Conference of the Association for Public Policy Analysis and Management. November 7-9, 2019. Denver, CO.

Bullinger, L.R., Heflin, C.M., & Raissian, K.M. "SNAP and Child Maltreatment" Fall Research Conference of the Association for Public Policy Analysis and Management. November 7-9, 2019. Denver, CO.

Heflin, Colleen, Leonard Lopoo, and Mattie Mackenzie-Liu, "When States Coordinate between Social Welfare Programs: Considering the Child Support Income Exclusion" Increasing Family Income through Child Support: Lessons from Recent Research. Institute for Research on Poverty, University of Wisconsin-Madison and Assistant Secretary for Planning and Evaluation, US. Dept. of Health and Human Services. September 18, 2019. Washington, DC.

Heflin, Colleen. "Food and Nutrition Policy across the Life Course." American Sociological Association." August 13, 2019. New York, NY.

Sharon Kukla-Acevedo and Colleen Heflin. "Adolescent Food Insecurity and the Transition to Adulthood." Research on Food Security Using the Panel Study of Income Dynamics, September 20, 2018. Washington, DC.

Colleen Heflin, Rajeev Darolia, and Sharon Kukla-Acevedo. "Exposure to Food Insecurity during Adolescence and the Educational Consequences." Fall Research Conference of the Association for Public Policy Analysis and Management. November 1-4, 2017. Chicago, IL.

Claire Altman, Chaeyung Jun and Colleen Heflin. "Hardships of Undocumented Immigrants in the United States: Evidence from the 1996-2008 SIPP." Fall Research Conference of the Association for Public Policy Analysis and Management. November 1-4, 2017. Chicago, IL.

Colleen Heflin, Sharon Kukla-Acevedo, and Rajeev Darolia. "Risky Adolescent Behaviors and the Role of Food Insecurity." Fall Research Conference of the Association for Public Policy Analysis and Management. November 1-4, 2017. Chicago, IL.

Altman, Claire, Colleen Heflin, and Chaegyung Jun. "The Many Hardships of Undocumented Immigrants in the United States: Evidence from SIPP 1996-2008." 2017 American Sociological Association Annual Meeting. August 12-15, 2017. Montreal, Quebec, Canada.

Altman, Claire, Colleen Heflin, and Chaegyung Jun. "The Many Hardships of Undocumented Immigrants in the United States: Evidence from SIPP 1996-2008" (poster presentation). 2017 Population Association of America Annual Meeting. April 27-29, 2017. Chicago, IL.

Arteaga, Irma, Heflin, Colleen, Leslie Hodges and Peter Mueser. "Does the Timing Matter for SNAP Benefits and Pregnancy-Related Emergency Room Visits?" Fall Research Conference of the Association for Public Policy Analysis and Management. November 3-5, 2016. Washington, DC.

Heflin, Colleen. "Social Program Participation and Material Hardship." Fall Research Conference of the Association for Public Policy Analysis and Management. November 3-5, 2016. Washington, DC.

Arteaga, Irma, Colleen Heflin and Sarah Parsons. "The Coverage Gap." Annual meeting of the Population Association of America. March 31, 2016. Washington, DC.

Mueser, Peter, Colleen Heflin and Leslie Hodges. "The Mediating Effects of SNAP on Health Outcomes for Low-Income Households." Annual meeting of the Association of Public Policy & Management. November 12-14, 2015. Miami, FL.

Huang, Ying, Stephanie Potocznik and Colleen Heflin. "Household Food Insecurity and Young Immigrant Children's Health and Development Outcomes." Annual meeting of the Association of Public Policy & Management. November 12-14, 2015. Miami, FL.

Mueser, Peter and Colleen Heflin. "Aid to Jobless Workers in the Face of the Great Recession: The Interaction of Unemployment Insurance and the Supplemental Nutritional Assistance Program." Annual meeting of the Association of Public Policy & Management. November 12-14, 2015. Miami, FL.

Huang, Ying, Stephanie Potocznik and Colleen Heflin. "Household Food Insecurity and Young Immigrant Children's Health and Developmental Outcomes" (poster presentation). Annual meeting of the Population Association of America. April 30-May 2, 2015. San Diego, CA.

Olson, Kate and Colleen Heflin. "The Changing Face of the United States and the Provision of Social Services." Annual meeting of the Association of Public Policy & Management. November 6-8, 2014. Albuquerque, NM.

Hodges, Leslie Beasley, Colleen Heflin and Andrew London. "TAPped out: An Evaluation of the Department of Defense's Transition Assistance Program." Annual meeting of the Association of Public Policy & Management. November 6-8, 2014. Albuquerque, NM.

Heflin, Colleen and Irma Arteaga. "Participation in the National School Lunch Program and Food Security: An Analysis of Transitions into Kindergarten." Annual meeting of the Association of Public Policy & Management. November 6-8, 2014. Albuquerque, NM.

Heflin, Colleen and Irma Arteaga. "The Child and Adult Care Food Program and Food Insecurity." Annual meeting of the Population Association of America. May 1-3, 2014. Boston, MA.

Mueser, Peter and Colleen Heflin. "Aid to Jobless Workers in Florida in the Face of the Great Recession: The Interaction of Unemployment Insurance and the Supplemental Nutritional Assistance Program." Annual meeting of the Population Association of America. May 1-3, 2014. Boston, MA.

Kukla-Acavado, Sharon and Colleen Heflin. "Participation in the Unemployment Insurance Program and Childhood Achievement." Annual meeting of the Population Association of America. May 1-3, 2014. Boston, MA.

Heflin, Colleen, Irma Arteaga and Sara Gable. "Families with Hungry Children and the Transition from Preschool to Kindergarten." Research Program on Childhood Hunger, Food and Nutrition Service. March 13, 2014. Washington, D.C.

Heflin, Colleen and Irma Arteaga. "Participation in the National School Lunch Program and Food Security: An Analysis of Transitions into Kindergarten." National RIDGE Small Grants Conference, December 17, 2013. Washington, D.C.

Potochnick, Stephanie, Irma Arteaga and Colleen Heflin. "An Examination of Household Food Insecurity among Low-Income Immigrant Children." Annual meeting of the Association of Policy Analysis & Management. November 7-9<sup>th</sup>, 2013. Washington, D.C.

Heflin, Colleen and Ashley Price. "Emergency Food Assistance and the Great Recession." Annual Conference of the Association of Policy Analysis & Management. November 7-9<sup>th</sup>, 2013. Washington, D.C.

Heflin, Colleen and Irma Arteaga. "Participation in the National School Lunch Program and Food Security: An Analysis of Transitions into Kindergarten." Southern Rural Development Center RIDGE Small Grants Conference. August 22, 2013. Denver, CO.

Heflin, Colleen and Peter Mueser. "Aid to Jobless Workers in Florida in the Face of the Great Recession: The Interaction of Unemployment Insurance and the Supplemental Nutritional Assistance Program." Annual meeting of the National Association of Welfare Researchers and Statisticians. August 21, 2013. Chicago, IL.

McKelvey, Bill, Jennifer Schnell, Nikki Raedeke, Sandy Rikoon, Matt Foulkes, Colleen Heflin, Joan Hermsen and Ashley Vancil. "A Food Systems Approach to Addressing Obesity Among Food Pantry Clients in Missouri" (poster presentation). Annual meeting of the Society for Nutrition Education and Behavior. August 11, 2013. Portland, OR. \*The abstract was published in the *Supplement to Journal of Nutrition Education and Behavior* 45:4S (July/August), p. S89.

Heflin, Colleen. "Child Poverty" Annual meeting of the American Sociological Association. August 10, 2013. New York, NY.

Heflin, Colleen and Peter Mueser. "Aid to Jobless Workers in Florida in the Face of the Great Recession: The Interaction of Unemployment Insurance and the Supplemental Nutritional Assistance Program." IZA/OECD/World Bank Conference on Safety Nets and Benefit Dependence: Evidence and Policy Implications. May 21-22, 2013. Paris, France.

Heflin, Colleen, Jacob Cronin and Ashley Price. "Best Practices for Implementing and Evaluating Evidence-Based Teen Pregnancy Prevention Programs with Diverse Populations." Annual meeting of the Association of Policy Analysis & Management. November 4-6, 2012. Baltimore, MD.

Kukla-Acevedo, Sharon and Colleen Heflin. "Unemployment Insurance Participation and Early Childhood Development." Annual meeting of the Association of Policy Analysis & Management. November 4-6, 2012. Baltimore, MD.

Arteaga, Irma, Colleen Heflin and Sara Gable. "Hungry Children and the Transition from WIC." Annual Conference of the Association of Policy Analysis & Management. November 4-6, 2012, Baltimore, MD.

McKelvey, Bill, Jennifer Schnell, Nikki Raedeke, Sandy Rikoon, Matt Foulkes, Colleen Heflin, and Joan Hermsen. "Food Systems Approach to Addressing Obesity among Food Client Households in Missouri" (poster presentation). 45th Annual Conference of the Society for Nutrition Education and Behavior. July 14-17. Washington, DC.

Arteaga, Irma, Colleen Heflin, and Sara Gable. "Hungry Children and the Transition from WIC". Annual meeting of the Population Association of America. May 4, 2012. San Francisco, CA.

Wilmoth, Janet M., Andrew S. London, and Colleen Heflin. "Economic Well-Being among Older Adult Households: Variation by Veteran and Disability Status." Annual meeting of the Gerontological Society of America. December 2011. Boston, MA.

Heflin, Colleen, and Peter Mueser. "Aid to Jobless Workers in Florida in the Face of the Great Recession: The Interaction of Unemployment Insurance and the Supplemental Nutritional Assistance Program." Annual meeting of the Association for Public Policy and Management. November 4-5, 2011. Washington, DC.

London, Andrew S., Colleen Heflin and Janet M. Wilmoth. "Work-Related Disability, Veteran Status, and Poverty: Implications for Family Well-Being." Annual meeting of the American Sociological Association. August 2011. Las Vegas, NV.

Heflin, Colleen, and Ngina Chiteji. "My Brother's Keeper? The Association between Having Siblings in Poor Health and Wealth Accumulation." Western Economic Association Annual Meetings. June 30, 2011. San Diego, CA.

Heflin, Colleen, Andrew London and Janet Wilmoth. "Veteran Status, Disability, Poverty, and Material Hardship." Annual meeting of the Association for Public Policy and Management. November 4-5, 2010. Boston, MA.

Heflin, Colleen, Andrew London and Janet Wilmoth. "Veteran Status, Disability, Poverty and Material Hardship." SIPP Analytics Research Conference. October 14-15, 2009. Washington, DC.

Keiser, Lael and Colleen Heflin. "Impact of TANF on the Material Well-Being of Low Income Families." Reducing Poverty Conference hosted by The Institute for Advanced Policy Solutions. November 19-20, 2009. Atlanta, GA.

Heflin, Colleen and Peter Mueser. "Assessing the Impact of Modernization on Florida's Food Stamp Caseload." Annual meeting of the Association of Public Policy and Management. November 5-7, 2009. Washington, D.C.

Keiser, Lael and Colleen Heflin. "Impact of TANF on the Material Well-Being of Low Income Families." Annual meeting of the Association of Public Policy and Management. November 5-7, 2009. Washington, D.C.

Heflin, Colleen and Peter Mueser. "Assessing the Impact of On-line Application on Florida's Food Stamp Caseload." RIDGE Conference at the US Department of Agriculture, Economic Research Service. October 15-16, 2009. Washington, DC.

Heflin, Colleen, Andrew London and Ellen Scott. "Mitigating Material Hardship: The Strategies Low-income Mothers Employ to Reduce the Consequences of Poverty." Annual meeting of the American Sociological Association. August 8-11, 2009. San Francisco, CA.

Heflin, Colleen and Peter Mueser. "Assessing the Impact of On-line Application on Florida's Food Stamp Caseload." Southern Rural Development Center Mid-Year Grantees Conference. August 5-6, 2009. Atlanta, GA.

Keiser, Lael and Colleen Heflin. "Explaining the Consequences of TANF Policy Choices Across and Within U.S. States" State Politics and Policy Conference (Hosted by the University of North Carolina-Chapel Hill and Duke University). May 22-23, 2009. Chapel Hill, NC.

Heflin, Colleen and Peter Mueser. "Assessing the Impact of On-line Application on Florida's Food Stamp Caseload." University of Kentucky Center for Poverty Research Small Grants Conference. Mat 19, 2009. Lexington, KY.

Heflin, Colleen and Peter Mueser. "Assessing the Impact of On-line Application on Florida's Food Stamp Caseload." Annual meeting of the Population Association of America. April 30, 2009. Detroit, MI.

Heflin, Colleen. "Macroeconomic Performance and Material Hardship across Time, Space and Race." West Coast Poverty Center Speaker Series. March 9, 2009. Seattle, WA.

Heflin, Colleen and Ngina Chiteji. "Do Middle Class Members Take on Debt in Order to Help Their Poor Siblings Weather Shocks?" Annual meeting of the Association of Public Policy and Management, November 6, 2008. Los Angeles, CA.

Heflin, Colleen. "State-Level Variation in Material Hardship Among Households with Children." Annual meeting of the Population Association of America. April 16, 2008. New Orleans, LA.

Heflin, Colleen and Sharon Kukla-Acavedo. "Welfare and Children's Cognitive Test Scores." Annual meeting of the Population Association of America. April 16, 2008. New Orleans, LA.

Heflin, Colleen and Sharon Kukla-Acavedo. "Does the Size of the Welfare Check Matter? New Results on the Effects of Welfare on Children's Cognitive Test Scores." Annual meeting of the Association of Public Policy and Management. November 4, 2006. Madison, WI.

Heflin, Colleen and John Iceland. "Poverty, Material Hardship and Mental Health." Annual meeting of the Association of Public Policy and Management. November 3, 2006. Madison, WI.

Heflin, Colleen and Jim Ziliak. "Food Insufficiency, Food Stamp Participation and Mental Health." Institute for Research on Poverty Summer Workshop. June 22, 2006. Madison, WI.

Heflin, Colleen and John Iceland. "Poverty, Material Hardship and Mental Health." Annual meeting of the Population Association of America. April 1, 2006. Los Angeles, CA.

Heflin, Colleen and Seok-Woo Kwon. "Social Capital and Racial Wage Inequality." Annual meeting of the Population Association of America. April 1, 2006. Los Angeles, CA.

Heflin, Colleen. "Dynamics of Different Forms of Material Hardship." February 1, 2006. McGill University.

Heflin, Colleen. "Dynamics of Different Forms of Material Hardship in the Women's Employment Survey." Annual meeting of the Association of Public Policy and Management. November 3, 2005. Washington, DC.

Heflin, Colleen. "Dynamics of Different Forms of Material Hardship in the Women's Employment Survey." Food Assistance and Nutrition Research Small Grants Programs Conference, USDA Economic Research Service. October 2005.

Heflin, Colleen. "Determinants of Different Forms of Material Hardship in the Women's Employment Survey." Institute for Research On Poverty's Small Grant Conference. May 20, 2005. Madison, WI.

Siefert, Kristine, Colleen Heflin and David R. Williams, David R. "Household Food Insufficiency in African American and White Women." Annual meeting of the Society for Social Work and Research. January 18, 2004. New Orleans, LA.

Siefert, Kristine, Colleen Heflin, Mary Corcoran and David R. Williams, David R., "Food Insufficiency and Physical and Mental Health in a Longitudinal Survey of African American and White Women." Annual meeting of the American Public Health Association. November 17, 2003. San Francisco, CA.

Heflin, Colleen. "Who Exits the Food Stamp Program after Welfare Reform?" Annual meeting of the Association of Public Policy and Management. November 7, 2003, Washington, DC.

Swaroop, Sapna, Colleen Heflin and Reynolds Farely. "What About Arabs? White and Black American's Attitudes Toward Arab Americans in Detroit in 1992?" Annual meeting of the American Sociological Association. August 17, 2003. Atlanta, GA.

Noonan, Mary and Colleen Heflin. "Do Women's Wages Depreciate While on Welfare?" Annual meeting of the American Sociological Association. August 19, 2003. Atlanta, GA.

Swaroop, Sapna, Colleen Heflin and Reynolds Farely. "What About Arabs? White and Black American's Attitudes Toward Arab Americans in Detroit in 1992?" (poster presentation) Annual meeting of the Population Association of America. May 2, 2003. Minneapolis, MN.

Siefert, Kristine, Colleen Heflin, and David R. Williams. "Household Food Insufficiency and Depression in African American and White Low-Income Women." Annual meeting of the American Journal of Public Health Association. November 9, 2002. Philadelphia, PA.

Siefert, Kristine, Colleen Heflin, Mary Corcoran and David R. Williams. "Food Insecurity and Hunger: Implications of Recent Research for Maternal and Child Health Programs." 15<sup>th</sup> Annual U.S. Department of Health and Human Services Regions V and VII Maternal and Child Health Leadership Conference. April 22, 2002. Chicago, IL.

Siefert, Kristine, Colleen Heflin, Mary Corcoran and David R. Williams. "Food Insufficiency and the Physical and Mental Health of Current and Former Welfare Recipients." Annual meeting of the Association of Public Policy and Management. Washington, DC.

Heflin, Colleen and Mary Corcoran. "Barriers to Work among Housing Assistance Recipients." Annual meeting of the National Association of Welfare Researchers and Statisticians. Baltimore, MD.

Heflin, Colleen, Sheldon Danziger and Nathaniel J. Anderson. "Poverty Dynamics after Welfare Reform." Annual meeting of the Association of Public Policy and Management.

Siefert, Kristine, Colleen Heflin, Mary Corcoran and David R. Williams. "Food Insufficiency and Women's Health: Findings from a Longitudinal Survey of Welfare Recipients." Food Assistance and Nutrition Research Small Grants Programs Conference, USDA Economic Research Service. 2000.

Heflin, Colleen, Sheldon Danziger and Nathaniel J. Anderson. "Income Dynamics after Welfare Reform ". Annual meeting of the *National Association of Welfare Researchers and Statisticians*, Scottsdale, AZ.

Heflin, Colleen and Mary Pattillo-McCoy. "Kin Effects on Black-White Account and Home Ownership." Annual meeting of the American Sociological Association. August 2000. Washington, D.C.

Danziger, Sheldon, Colleen Heflin and Mary Corcoran. "Does Work Pay for Single Mothers?" Annual meeting of the Population Association of America. 2000. Los Angeles, CA.

Siefert, Kristine, Colleen Heflin, and Mary Corcoran. "Food Insecurity and the Physical and Mental Health of Low Income Single Mothers." Annual meeting of the American Public Health Association Annual Meeting, 1999. Chicago, IL.

Pattillo McCoy, Mary and Colleen M. Heflin. "Poverty in the Family: Exploring the Kin Networks of the Black and White Middle Class." Annual meeting of the American Sociological Association. 1999. Chicago, IL.

Corcoran, Mary E. and Colleen Heflin. "Changes in Women's Wages, 1979-1989 by Race and Ethnicity." Annual meeting of the Population Association of America. 1999. New York, NY.

Goldberg, Heidi, Colleen Heflin and Kristin Seefeldt. "Welfare-to-Work Programs and Barriers to Employment." Annual meeting of the National Association of Welfare Research and Statistics. 1999. Chicago, IL.

Corcoran, Mary and Colleen Heflin. "Race, Ethnic and Skill-Based Inequalities in Women's Employment and Wages." Presented at the Institute for Women's Policy Research Conference. 1998. Washington, D.C.

Hall, Richard L. and Colleen Heflin. "The Importance of Color in Congress: Minority Members and the Representation of Race and Ethnicity in the U.S. House." Midwest Conference of Political Science Association. 1998. Chicago, IL.

Hall, Richard L. and Colleen M. Heflin. "The Importance of Color in Congress: Minority Members and the Representation of Race and Ethnicity in the U.S. House." Presented at the Midwest Conference of Political Science Association. 1994. Chicago, IL.

## **TEACHING EXPERIENCE**

Public Program Evaluation

Poverty and Social Policy (graduate and doctoral level)

Poverty Policy (undergraduate level)

Applied Regression (graduate level)

## **COMMUNITY SERVICE**

Member, Data Advisory Team for the Boone Indicators Dashboard Project, a collaboration of the City of Columbia, County of Boone, and Heart of Missouri United Way, 2016–2017.

Member, Indicator Review Committee, Missouri Kids Count, Fall 2015.

## **PROFESSIONAL SERVICE**

Program Committee, Annual Meeting of the Association for Public Policy and Management, 2013 and 2015.

Invited speaker at Minnesota Department of Labor Conference, "Sustaining Employment in the New Millennium," February 2000.

## **UNIVERSITY SERVICE**

Syracuse University (Fall 2017 to present)

*University Service*

Promotion and Tenure Committee, 2018 to 2019

Maxwell Faculty Committee, 2018 to 2019

Equipment Task Force Committee, 2018 to present

SU representative to NYFSRDC, 2017 to present

Policy Studies Program Advisory Committee, 2017 to present

*Departmental Service*

MPA Curriculum Committee, 2017- present (Chair, 2018 to present)  
Executive Committee, 2018 to present  
Health Care Policy & Management Search Chair, 2019  
Economics of Aging Search Committee, 2018  
APPAM Policy Camp Committee, 2018

University of Missouri Service (Fall 2007 to Spring 2017)

*University Service*

Tenure Committee, 2016 to 2017  
Lecture Committee, 2012 to 2017  
Population, Education and Health Seminar Organizer, 2013 to 2014  
Population, Education and Health Center Founder and Co-Director, 2014 to 2017

*Departmental Service*

Truman School Ph.D. Program Coordinator, 2014 to 2017  
Truman School Seminar Series Co-Organizer, 2014 to 2015  
Truman School Doctoral Committee Member, Fall 2007 to 2009; 2013 to 2014  
Truman School Personnel Committee, 2012 to 2017  
Institute for Public Policy Advisory Committee, Spring 2008 to 2010  
Truman School Policy Committee, Fall 2008 to 2009; 2013 to 2017  
Chair, Policy Faculty Search 2012  
Food Policy Faculty Search 2013

University of Kentucky Service (Fall 2002 to Summer 2007)

*University Service*

University of Kentucky Center for Poverty Research Advisory Board, 2002-2007

*Departmental Service*

Martin School of Public Policy MPA Admissions Committee, Fall 2002 – Summer 2007  
Martin School of Public Policy MPA Curriculum Committee, Fall 2002 – Summer 2007  
Martin School Director's Search Committee, Fall 2002 and Fall 2003  
Martin School Faculty Search Committee, Spring 2003  
Martin School Internal Brownbag Seminar Organizer, 2005-2006  
Revising the Capstone Committee, Fall 2005 to Spring 2006

**MEMBERSHIP AND AFFILIATIONS**

American Sociological Association, Member  
Association for Public Policy and Management, Member  
Population Association of America, Member