

Anna De La Paz

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EDUCATION

PhD in Sociology at Syracuse University	2023 – present
Master's Degree in Sociology at Syracuse University	2026
Doula training at DONA International	2025
Master's Degree in Nutrition at University of Rhode Island	2021
Bachelor's Degree in Nutrition & Food Studies at Syracuse University	2017

EMPLOYMENT HISTORY

Research Assistant	Aug 2023 - present
Dr. Madonna Harrington Meyer, Syracuse University	

Research Assistant	December 2024 - June 2025
Dr. Selina Gallo-Cruz, Syracuse University	

Registered Dietitian	January 2020 - July 2023
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WIC Clinic Manager and Nutritionist	June 2017 - December 2019
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PUBLICATIONS

De La Paz, Anna (Apr. 2026). "Is Home Birth a Choice? Racial and Geographic Differences in Unintended Home Births in the U.S." In: *Population Health Research Brief Series*. DOI: <https://doi.org/10.14305/rt.lerner.2026.7>. URL: <https://surface.syr.edu/lerner/295>.

De La Paz, Anna (Aug. 2025). "Is Health Insurance Related to Breastfeeding Duration?" In: *Population Health Research Brief Series*. DOI: <https://doi.org/10.14305/rt.lerner.2025.13>. URL: <https://surface.syr.edu/lerner/278>.

Harrington Meyer, Madonna and **De La Paz, Anna** (Jan. 2024). "Why is Food Insecurity High among U.S. Grandparents who are Caring for Grandchildren?" In: *Population Health Research Brief Series*. URL: <https://surface.syr.edu/lerner/239>.

WORKS IN PROGRESS

Harrington Meyer, Madonna and **Anna De La Paz**, "'Hey, There's No Food Over Here:' Low Income Grandparenting and Food Insecurity." *Under Review*

Gallo-Cruz, Selina and **Anna De La Paz**, "Framing and Counterframing: Policy Responses to the Commercial Sex Trade." *Under Review*

DISSERTATION

“Doula Care in New York: Comparing Medicaid and Private-Pay Systems”

I examine how payer systems shape the administrative, economic, and practice dimensions of doula work in New York State, drawing on 40 interviews. Data collection is nearly complete, and I am currently drafting a chapter.

REFEREED CONFERENCE PRESENTATIONS

De La Paz, Anna. October 2026. ““Covered but Uncompensated: How Medicaid Payment Structures Shape the Doula Labor Market”,” 3rd Virtual Global on Reproduction, “Worlds of Birth” hosted by Georgetown University

Harrington Meyer, Madonna, and **Anna De La Paz.** August 2026. “‘I’m Going to Make Sure the Kids Eat Even If I Don’t:’ Low-Income Grandparenting and Food Insecurity,” American Sociological Association, New York, New York

Harrington Meyer, Madonna, and **Anna De La Paz.** June 2026. “How Food Insecurity Reshapes Patterns of Grandparenting,” Working Family Research Network, Montreal, Canada

De La Paz, Anna. June 2026. “How does Health Insurance Impact Breastfeeding Initiation?” International Association of Maternal Action + Scholarship (IAMAS), Montreal, Canada

Harrington Meyer, Madonna, and **Anna De La Paz.** May 2026. “The Cost of Care: Food Insecurity and Economic Hardships among Low-Income Grandparents in the U.S.” Reimagining the Economics of Late Life Institutions, Systems, and Investments Conference, New York University, New York, New York

De La Paz, Anna. March 2025. “Ideologies Around Doula Work: A Literature Review.” Eastern Sociological Society Annual Meeting, Boston, Massachusetts

Harrington Meyer, Madonna, and **Anna De La Paz.** September 2024. “Grandparenting and Food Insecurity in the U.S.” Refereed paper presented at the Aging and Social Change Conference, University of Galway, Galway, Ireland

De La Paz, Anna. July 2024. “Exploring Breastmilk as a Commodified Entity.” Global Conference in Women’s Studies (WOMENSCONF), Zürich, Switzerland

De La Paz, Anna. June 2024. “Exploring Breastmilk as a Commodified Entity.” The Agriculture, Food and Human Values Society (AFHVS), Association for the Study of Food and Society (ASFS), Syracuse, New York

TEACHING EXPERIENCE

Syracuse University

Instructor, SOC 305: Sex and Gender	Winter 2026
Instructor, SOC/WGS 281: Sociology of Family	Summer 2026
TA, Sociology of Sex & Gender, Dr. Madonna Harrington Meyer	Summer 2024
TA, SOC 300: Global Capitalism, Dr. Edwin Ackerman	Fall 2024
TA, SOC 318: Introduction to Research, Dr. Rebecca Schewe	Spring 2023

Guest Lectures at Syracuse University

“Mental Health, Depression, in Old Age” SOC/WGS 364/664 Aging and Society, Dr. Madonna Harrington Meyer	2026
“What to Expect in Grad School” PhD Proseminar, Dr. Jennifer Karas Montez	2026
“Nutrition and Aging: Global Perspective” SOC 400: Global Perspectives on Population Health and Aging, Dr. Haowei Wang	2025
“Exploring the Complexities of Breastmilk as a Commodified Entity” Food Studies 706: Gender, Food, Rights, Dr. Anne C. Bellows	2025
“What to Expect in Grad School” PhD Proseminar, Dr. Rick Welsh, Syracuse University	2025
“Nutrition and Aging: Global Perspective” SOC 400: Global Perspectives on Population Health and Aging, Dr. Professor Haowei Wang	2024
“Global Capitalism: A Comprehensive Review” SOC 300: Global Capitalism, Dr. Edwin Ackerman	2024
“Applying Quantitative Methods in Sociological Research” SOC 318: Introduction to Research, Dr. Rebecca Schewe	2023

AWARDS

Roscoe Martin Fund for Graduate Research \$1000	2026
Scholarship Recipient, Robin Elise Weiss Doula Training Program	2025
Emerging Scholars Award, Aging and Social Change Conference, Galway, Ireland	2024

SERVICE

Syracuse University

Maxwell Center for Policy Research Student Representative 2026 - 2027

To the discipline

Student Representative of the ASA Aging and the Life Course Section 2026 - 2027

Co-Chair, ASA Student Forum Advisory Board (SFAB) 2026 - 2027

Co-Chair, ASA Student Forum Advisory Board (SFAB) Workshop Committee 2026 - 2027

Vice Chair, ASA Student Forum Advisory Board (SFAB) 2025 - 2026

Ad hoc reviewer for Renewable Agriculture and Food Systems Journal 2026

Session Moderator, Aging and Social Change Conference, Galway, Ireland 2024

AFFILIATIONS

American Sociological Association

Aging and the Life Course Section

Family Section

Sociologists for Women in Society

International Association of Maternal Action + Scholarship

Gerontological Society of America (GSA)

Work and Family Researchers Network (WFRN)

TECHNICAL SKILLS

Statistical software: Stata, SPSS

Data sets: CDC NCHS Natality Public Use File, National Survey of Family Growth (NSFG), General Social Survey (GSS)