## **Gateway Park Monday Mile**

- 1. Start at second parking lot.
- 2. Follow path to playground loop. Veer right.
- 3. Complete 4 loops.

## Details and accommodations:

- Accessible parking in first parking lot
- No stairs required to access or complete route
- A portion of the route is grass. There are times where the route may be muddy. Please dress accordingly.



4 laps = 1 mile

